

Blue / Black Ink Only - NO WHITE-OUT

BLOOD BANK OF HAWAII PARENT/LEGAL GUARDIAN CONSENT

The Blood Bank of Hawaii is the supplier of blood products for all civilian hospitals throughout the state of Hawaii. Volunteer blood donors are the only source of this life-saving component, and your teenager would like to join these special donors who give the gift of life by donating one pint of blood so that patients may live. Because your teenager will be under the age of 18 at the time of donation, you must read and sign this form before he/she can donate blood.

To be eligible to donate blood, a donor must:

- Be at least 18 years old, or 17 years old with signed Parent/Legal Guardian Consent.
- Weigh at least 110 pounds.
- Be in good health.
- Have waited at least 8 weeks since his/her last blood donation.

Safety of both the blood donor and the patient receiving the blood is of primary importance. Each blood donation is performed by trained professionals using new and sterile equipment, and includes:

- A mini-physical to ensure blood pressure, temperature, pulse, and hemoglobin count are within established parameters to safely donate blood.
- A confidential interview with our nursing staff to review each donor's medical and travel history, potential exposure to infectious diseases and the opportunity to ask questions and receive counseling regarding the donation process and related testing.
- Collection of one pint of blood which takes just 5 to 8 minutes on average.
- A brief rest on the donor bed and refreshments following donation to help recover and replenish fluids.
- A series of blood tests for infectious diseases (including HIV, hepatitis and West Nile Virus) to assure the safety of each donated pint. Abnormal test results are confidential and unless required by law, will only be reported to the donor and parent/legal guardian signing this form when a donor is under the age of 18.

As with any medical procedure, side effects of blood donation are possible. These may include nausea, dizziness, light-headedness, fainting, bruising, or swelling of the arm from which blood was drawn. On rare occasions, more severe reactions with long-term complications may occur, such as infection or nerve damage.

To optimize your teenager's donation experience, please remind your teenager to:

- Drink at least 8-10 full glasses of water throughout the 24 hours prior to donation.
- Eat a good breakfast and do not skip a meal.
- Get a good night's rest before donating.
- Bring a valid photo ID with a date of birth, such as a driver's license, passport, military ID, or state ID.
- Bring this signed Parent/Legal Guardian Consent if he/she has not already turned one in.

If you have any questions about the blood donation process, please call the Nursing Services Department of the Blood Bank of Hawaii at 845-9966 (Oahu) or 800-372-9966 (Neighbor Islands). On behalf of the patients we serve, we thank you for your support of your teenager's wish to selflessly save lives in Hawaii!

PLEASE COMPLETE THE FOLLOWING IN BLUE OR BLACK INK ONLY.

I have read and understand the information stated above. I am the parent/legal guardian of the teenager below and give my permission for him/her to donate blood at _____.

PRINTED NAME of Parent/Legal Guardian: _____

SIGNATURE of Parent/Legal Guardian: _____ **Date:** _____

I confirm that the consent and signature above is that of my parent/legal guardian.

PRINTED NAME of Donor: _____

SIGNATURE of Donor: _____ **Date:** _____